

**Virginia Council on Women
Subcommittee – Women’s Healthcare Initiative**

Draft Minutes
January 16, 2015
10:00 AM – 12:00 PM

The January 16, 2015 meeting of the Women’s Healthcare Initiative Subcommittee took place in the 14th Floor Technology Conference Room, Patrick Henry Building, 1111 E. Broad Street Richmond, VA 23219.

Members present:

Meredith Johnson Harbach, Chair
Lashrecse Aird
Meta Braymer
Sally Mullikin
Susan Rowland

Staff present:

Katherine Waddell, Special Advisor, Office of the Secretary of the Commonwealth

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Meredith Harbach called the meeting to order at approximately 10:10 AM and welcomed all members.

The group began by adopting the meeting agenda. Reading of the amended November 13, 2014 minutes was waived, and the subcommittee adopted the minutes as drafted and amended.

Old Business

- Meredith Harbach & Meta Braymer reported back to the subcommittee on their meeting with Mimi Bender of Women’s Health Virginia.
- After a discussion of pros and cons, the subcommittee agreed that further pursuit of a wellness walk/fair in conjunction with Women and Girls’ Wellness month was not a fruitful use of the group’s resources at this time. The subcommittee agreed to revisit these ideas if/when the Council takes up the work of planning an annual, statewide women’s conference.

New Business

- The group discussed alternatives to the wellness walk/fair in celebration and recognition of Women and Girls’ Wellness month in April 2015.
- Ultimately, the group settled on the following proposal to the full Council:
 - A renewed proclamation and accompanying press coverage from the Governor’s office recognizing Women and Girls’ Wellness Month

- A day of service for Council and subcommittee members, ideally partnering with the Governor, first lady, and Lt. Governor, for underserved women and children in the Richmond community
- The group agreed to present this proposal to the Council at the next meeting of the complete group.
- In the interim, subcommittee members will research potential organizations with which to partner, and Katherine Waddell will reach out to appropriate contacts in the Governor's, First Lady's, and Lt. Governor's office regarding the day of service.
- The group discussed potential future collaborations, both with Women's Health Virginia at their upcoming conference ("Women & Food: Beyond BMI"), as well as other community events dedicated to women's health and wellness.
- The group discussed and resolved to propose to the full Council that as Chair of the WHI, Meredith Harbach draft a letter on behalf of the Council to the General Assembly in support of several of the Governor's legislative agenda items relating to women's health.

Announcements

- Meta Braymer announced the upcoming Women's Health Virginia Conference: "Women & Food: Beyond BMI," on June 5, 2015.

Next Meeting

- The Subcommittee agreed to reconvene on Friday, February 20, 2015, 10:00 AM-11:30 PM, location to be finalized.

Meredith Harbach adjourned the meeting at approximately 11:40 AM.